

# BEING DEFINED BY A VISION OF THE FUTURE

## *Detaching From The Past*

### Being Defined By A Vision of The Future: Checklist

- ☐ Step 1 Review & confirm your Mission for this Module
- ☐ Step 2 Review & confirm your Mission for this Session
- ☐ Step 3 Questions to use as Review

## Welcome to the *The Quantum Experience!*

Your mission, should you choose to accept it is to establish, through a 12-week Quantum Experience, a heart-based relationship with the quantum field of infinite possibilities that will allow you to feel confident and limitless in attracting

the type of clients that will set your soul on fire

memorable experiences that take your breath away

and having the boldness to take audacious risks

~ avoiding any feelings of doubt, hopelessness, and fear

Our time together will consist of weekly exercises, training, interviews with expert leaders, mindset, heartfelt, and more, to create the shift you desire **IN REAL TIME**. This teaching is all about clarity, intention, focus, energy, process, and desired outcome. ***You deserve this. You're worthy of this. Your time is now!***

Be sure to join [The Quantum Experience](#) community on Facebook to connect with our amazing tribe of manifestors. **WELCOME HOME!**

*The Manifest Coach*

Let's take a closer look at each step:

## ☐ **STEP 1: Review & confirm your Mission for this Module**

**Your mission for this module**, should you choose to accept it, is to, over the next 4 sessions learn the art of actualizing your greatest desires by activating the power of your heart. You will be equipped with the specific process that has led to the manifested world you see around you **and, as a result**, be equipped to confidently chart the course...to the realization of your dreams.

## ☐ **STEP 2: Review & confirm your Mission for this Session**

Your mission for this session, should you choose to accept it, is understand the blank canvas you have been given, each and every day, to create the day and life you desire...and to be inspired to make conscious choices towards your goal. At the conclusion of this session, you will understand all the ways you are resisting yourself in creating the life you desire and how to take a **Quantum Leap** into fully stepping into your future. You will also understand the importance of detaching from your past, and how to do that effectively.

## ☐ **STEP 3: Questions to Use As Review**

1. **What Comes Up for You When You Think “Why Not Me?”**
2. **What Is It That You Need to Commit (*or recommit*) to Being, Doing, or Having?**
3. **What Needs to Happen For You to ‘Sell Out’ to Experiencing It?**

4. **Do You Believe That Your Thoughts and Feelings Create Your Reality?**
5. **What Thoughts and Feelings Do You Need to Let Go Of?**
6. **What Thoughts and Feelings Do You Want to Take Into Your Future?**
7. **Are You Committed to Make Feeling It an Important Part of Your Daily Practice?**
8. **What Small Thing Can You Do Different Today?**
9. **What Larger Thing Can You Commit to Doing Differently This Week?**
10. **True Transformation Can Be Uncomfortable. How Can You Prepare Yourself?**